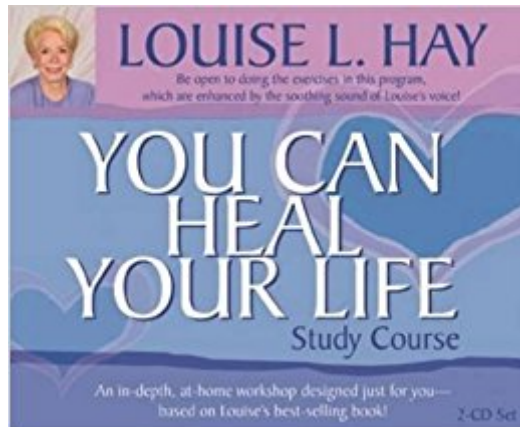




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# You Can Heal Your Life Study Course



## Synopsis

On this powerful four-CD set, world-renowned author and metaphysical teacher Louise L. Hay narrates the text of her internationally renowned book of the same name. Louise shares her powerful firsthand experiences on the healing path--and explains how limiting beliefs and ideas are often the cause of illness. Louise shows you that by changing your thinking ... you really can heal your life!

## Book Information

Audio CD

Publisher: Hay House; Unabridged edition (December 1, 2005)

Language: English

ISBN-10: 1401906621

ISBN-13: 978-1401906627

Product Dimensions: 4.9 x 0.5 x 6 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 40 customer reviews

Best Sellers Rank: #245,396 in Books (See Top 100 in Books) #150 in Books > Books on CD > Nonfiction #193 in Books > Books on CD > Health, Mind & Body > Self Help #200 in Books > Books on CD > Health, Mind & Body > Personal Growth

## Customer Reviews

Louise Hay, the author of the international bestseller *You Can Heal Your Life*, is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 30 years, Louise has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. Louise is the founder and chairman of Hay House, Inc., which disseminates books, CDs, DVDs, and other products that contribute to the healing of the planet. Visit [www.LouiseHay.com](http://www.LouiseHay.com)

Robert Holden, Ph.D., is the creator of the Loveability program. His work on psychology and spirituality has been featured on Oprah, Good Morning America, and a PBS special called *Shift Happens*. • He was also featured in two major BBC-TV documentaries, *The Happiness Formula* and *How to Be Happy*. His corporate clients include Dove and its Campaign for Real Beauty. He is author of *Happiness NOW!*, *Shift Happens!*, *Authentic Success* (formerly titled *Success Intelligence*), and *Be Happy*. Robert hosts a weekly show on Hay House Radio called *Shift Happens!* He also contributes daily to his Facebook page at [www.facebook.com/drrobertholden](http://www.facebook.com/drrobertholden). For information, visit [www.robertholden.org](http://www.robertholden.org).

Louise is someone I always turn to when my life is in the toilet. She never fails to help me reach a better place. Can listen in the car or whenever it's convenient. Each time you listen, you'll pick up on something new and useful.

Always love Louise Hay.

Louise is a great speaker and everything she says is so simple and makes so much sense. This book really brought me back to reality in a good way. Our thoughts really do have the power to change our lives.

I love Louise L Hay. She is my hero! This is a great program, I feel more confident, happy, and positive!

Excellent and right on. Is an excellent companion with recall healing!

Excellent step by step program to a better you. Well let's face it, anything Louise hay is awesome...

EXCELLENT!!! I GOT THE WORKBOOK TOO! LOUISE HAY IS EXCELLENT AND I HAVE A LOT OF HER STUFF! EXCELLENT ADVICE & HEALING TECHNIQUES! SHE KNOWS HER STUFF! I HIGHLY RECOMMEND ANY OF HER CD'S... COLORED GORGEOUS MOTIVATION CARDS & WORKBOOKS!

Outstanding!! Outstanding!! Louise Hay is a gift that the universe needs. The book and CD set offers a roadmap to understanding self and how we create in our lives. It brought me to something I had forgotten. The power of affirmations and visualizations to get what you most want in life.

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